

AI should make you think more, not less

Arav Panwar · 8 October 2026

AI has been a revolutionary tech and has only gotten better, especially in the second half of 2026 with the introduction of GPT-6 and Opus 5.5. Very unique opinion, I know. The problem now has been offloading thinking to AI instead of having it do mechanical work like syntax writing or 'keyboard programming' based on the thought. The place most guilty of offloading thought is writing, and I am talking about books, articles and LinkedIn, a website I feel personally disgusted to use. Code has a lot of external checks like compilation or tests etc, but articles, essays and speeches are supposed to belong to a person's ideas and reasoning because writing is pretty much putting thoughts into coherent (ideally) words that come from real liable people.

Being curious is one of the best things a person can be, and AI can help elevate and satisfy curiosity along with the willingness to learn. AI can introduce you to a new topic, and you can ask it any question, however stupid, without judgement, and it will answer back, unlike people in real life who get tired, have different priorities or just have deep seething hatred for you. AI also helps with diagrams, maths, implementing ideas rapidly and having something to show that is also visually satisfying along with getting code-related tasks done so fast that it is almost magical. Yes, I am aware of neural networks, transformers, and other big words, thank you, champ.

I am currently using it to learn C and C++ to get a good grasp on memory systems, which is the curiosity I caught by using Claude to make questionable GitHub projects. I ask it to teach via examples, then it gives me problem statements for me to solve, then I have it review my solutions while asking a lot of 'why' questions and 'how' questions. Especially as someone who hated academics and studies, I've found AI to be the best learning tool, ever. This luxury did not exist earlier in a classroom and it has brought back the joy of learning to me. I have used AI since 2024, a little late to the party, but it's been about two years, it keeps getting better, and the barrier to learning has never been this low.

The new issue is having it think for you instead of making you more curious. There is a genuine tragedy in people just using it to get through a checklist and having it choose and judge on their behalf, and it is most apparent in writing. Articles, blogs, posts, etc. are all contaminated with this zero-thought slop, which is embarrassing. Nobody wants to read AI-generated writing that is handed out as if a real person wrote it. Ideas have value when they belong to someone, and AI is not somebody; AI has no liability to carry. AI does not have a

reputation to lose, cannot be embarrassed, does not remember what it said, and tends to have artificial conviction as in you can ask it to hold an opposite view and it will hold it just as well. So the liability carries over to the person controlling the AI and publishing its generations.

Writing is thinking, but in a book or on a webpage, and nobody wants to read what a person never thought about or cared about. I do not want to interact with AI-generated writing only to get an AI-generated response. If I liked zero-thought, LLM-generated text, I would ask ChatGPT to generate me a random string of words and clap at it. This is why I will not have AI write my articles for me on my blog, because this place is where I want to write what I believe, have real, engaging conversations, and make this a reliable place for people who do not want to read AI-generated, thoughtless slop.

The takeaway here is that it is tragic when a technology that can be used as the best learning tool to ever exist is instead used for exactly the opposite. We are literally living in the future, which has the potential to not be lame.